E3 FAMILY SOLUTIONS, INC

PO BOX 2221 | BUSHNELL, FL 33513

APPLICATION FOR BOARD OF DIRECTORS

E3 Family Solutions, **Inc.** is a non-profit organization dedicated to improving the lives of the people in our community through three distinctive programs: <u>Equipping Youth</u> to make healthy choices; <u>Empowering Parents</u> to build strong families; and <u>Encouraging Communities</u> to be family friendly.

EQUIPPING Youth: The mission of our Equipping Youth program is to build the capacity of youth to make healthy choices by providing the highest quality risk-avoidance primary-prevention education THROUGH age-appropriate, medically accurate programs UTILIZING highly interactive brain-based teaching strategies since 2001. Our engaging programs equip youth to avoid risky activities and instead focus on achieving their goals and dreams.

EMPOWERING PARENTS: E3 has developed several interactive workshops to help parents and those who work with youth guide their youth in making healthy choices, avoiding risky behaviors and developing habits to help them accomplish their goals, become self-sufficient adults and eventually have healthy families of their own. These workshops include: "Understanding the Teenage Brain" "Effective Communication Strategies for Parents of Teens" "The Link between Porn and Human Trafficking and how to Protect Your Teen" and Cooperative Parenting" for parents in custody or visitation conflicts.

ENCOURAGING COMMUNITIES: Sumter CAP is a community substance abuse prevention coalition whose goal is "Putting a CAP on Substance Abuse in Sumter County." E3 also advocates for youth development and family-friendly policies at the local and state level by educating decision makers on effective prevention efforts.

E3 Family Solutions is overseen by a Volunteer Board of Directors who represent various areas of expertise within the community. Examples are Education, Medical, Marketing, Community liaison, Faith, Finance, Business and/or members at large. Board meetings are normally held every odd numbered month on the second Tuesday. Board members are expected to attend a minimum of five meetings, except in cases of emergency, to participate actively on at least one committee, and to have a working commitment to the mission of E3 Family Solutions.

NAME:				
First	MI	Last	To	day's Date
HOME ADDRESS				
Street		City	ST	ZIP
BUSINESS (NAME)				
If Retired, please list your field	l of work or company ar	nd job title(s)		
JOB TITLE(S)				

BOARD MEMBER APPLICATION PROFILE

OCCUPATION:			
CELL PHONE:	HOME PHONE: _		
WORK PHONE:	EMAIL ADDRESS:		
EDUCATION / DEGREES:	OTHER AREAS OF	EXPERTISE / SKILLS:	
AFFILIATIONS, CLUBS, OFFICES HELD: _			
INTERESTS / HOBBIES:			
VOLUNTEER EXPERIENCE:			
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