

Report Period
July 2022—June 2023



Equipping Youth
To Make Healthy Choices

A Primary Prevention Program for Youth

2,342 Students Served in Sumter, Lake & Hernando Cty

Pre/Post Knowledge of Healthy Choices

- 91% improved on knowledge-based tests, (33 pts avg)

Student Post Survey Responses showed

- 98% are very aware of the dangers of Human Trafficking
- 78% better understand what makes a healthy relationship
- 90% made a strong commitment to avoid risky behaviors
- 67% “plan to have a steady job before having a baby”
- 96% say, “I understand social media can be harmful”

Student Comments

- *This program has given me a reason to stop vaping outside of school with friends and to avoid anything that may hurt me.* 15 y/o Female
- *The one thing that impacted me is you should get married, then you have a kid.* 15 y/o Male
- *Made me more understanding of human trafficking and the dangers of just leaving some information of myself online.* 15 y/o Female

Teacher Comments

- *You guys do an amazing job teaching difficult topics and relating the material to these students lives.*
- *My students and I always love it when you guys come to present in the classroom.*
- *They make sure everyone feels involved and their content is relatable, realistic, and timely for our students.*



Encouraging Communities
To Be Family Friendly

Prevent—Educate—Advocate



Coalition Strategies

- 20,246 reached through social media and community events
- 4,925 free drug disposal kits provided
- 1,443 students participated in “Friday Night Done Right” events
“My teen loves to attend your ‘Summer Nights Done Right’ events. Thank you for providing something fun and educational for her to do ...”
- 1,251 students attended the “Know the Law” class
- 800 students in grades 4, 5, 6, middle and high school attended Red Ribbon presentations
“Your presentation to our parents and teens on ‘Know the Risks of Vaping’ was so educational.”
- 100 adults attended “Hidden in Plain Sight”
- 254 adults attended the presentation *Safe Use, Safe Storage, Safe Disposal* of prescription drugs
“Thank you for providing the medication lock boxes for us who care for our loved ones with dementia.”
- 2,200 pounds of unwanted medications collected and destroyed in partnership with the Sumter County Sheriff’s Office and Wildwood Police Department




Empowering Parents
To Build Strong Families

“Understanding the Teenage Brain,”
“The Dangers of Pornography” and
“Human Trafficking” — our parent programs

Parent Comments

- *“You guys provided so much information that was useful. Thank you.”*
- *“Great information! I learned a lot about how teens think and why they do the things they do.”*
- *“Loved the presentation today. Thanks for the information! Very positive and energetic-kept me paying attention.”*
- *“This was so informative. Will definitely help with my kids.”*

RETURN ON INVESTMENT (ROI)

due to the impact on risk-behaviors of high schoolers after the EQUIPPING YOUTH program.

Social Capital Valuations, LLC

An analysis by Social Capital Valuations, LLC of the projected cost-benefits associated with SRAE classes provided by E3 Family Solutions **to 2,342 students**, grades 8 to 12, during academic school year (ASY) **2022-23** yields an estimated lifetime return of **\$13.43 FOR EVERY \$1 EXPENDED.**

Because these SRAE classes address the issue of high-risk behavior in general, they also impact cost benefits related to reductions in other high-risk behaviors through the application of SRA skills.

\$1,153,438 due to improved **high school graduation** rates among teens demonstrating SRA behaviors

\$823,417 from law enforcement and medical costs due to **underage drinking**

\$161,285 from reduced incidences of **STIs**

\$381,851 from **violence avoided** (attempted suicide and intimate partner violence)

\$296,247 in medical costs associated with **pregnancy**

\$1,104,251 for future pregnancies avoided due to reduced **Cohabitation**

\$2,925,975 from public assistance costs associated with fewer **teen mothers**

TOTAL LIFETIME SAVINGS FROM ALL ABOVE EFFECTS _____ **\$6,846,463**